

Friday Jan 30, 2026

Green Gym WAG		Green Gym WAG		Green Gym WAG		Green Gym WAG		Green Gym WAG	
Session 00		Session 1		Session 2		Session 3		Session 4	
Levels	NGA WAG 5N	Levels	NGA WAG 4N	Levels	NGA WAG 3N	Levels	NGA WAG 3N	Levels	USAG Xcel Gold
Open Stretch	8:00 AM	Open Stretch	10:15 AM	Open Stretch	1:15 PM	Open Stretch	3:45 PM	Open Stretch	6:30 PM
Awards	10:00 AM	Awards	12:55 PM	Awards	3:26 PM	Awards	6:12 PM	Awards	8:25 PM
ALL CLUBS		ALL CLUBS		Classic, Empower, Pacific Flips Grover Beach, Pacific Flips Santa Maria, Pacific Edge, Rising Star		Bay Aerials, California Strong, Lee's United, Santa Rosa, Tumble Time		ALL CLUBS	

Orange Gym MAG		Orange Gym MAG		Orange Gym MAG		Orange Gym MAG	
Session 1		Session 2		Session 3		Session 4	
Levels	USAG MAG 4	Levels	USAG MAG 3	Levels	USAG MAG 5, 7	Levels	USAG MAG 6, 8, 9, 10
Open Stretch	7:45 AM	Open Stretch	11:45 AM	Open Stretch	2:30 PM	Open Stretch	6:00 PM
Awards	11:29 AM	Awards	2:17 PM	Awards	5:42 PM	Awards	9:36 PM
ALL CLUBS		ALL CLUBS		ALL CLUBS		ALL CLUBS	

Saturday Jan 31, 2026

Green Gym WAG		Green Gym WAG		Green Gym WAG		Green Gym WAG	
Session 5		Session 6		Session 7		Session 8	
Levels	NGA 1N; 2BN	Levels	NGA 2BN	Levels	NGA SN	Levels	NGA SN
Open Stretch	8:00 AM	Open Stretch	10:20 AM	Open Stretch	12:45 PM	Open Stretch	4:00 PM
Awards	10:03 AM	Awards	12:15 PM	Awards	3:20 PM	Awards	6:35 PM
Lev 1N: All Clubs Lev 2BN: Classic, California Strong, Gymbeat, Pacific Flips Santa Maria, Tumble Time		Bay Aerials, Empower, Lee's United, Pacific Flips Grover Beach, Passion Plus, Rising Star, Santa Rosa		Bay Aerials, Central Coast, CSC Great Oaks, CSC Morgan Hill, Feather River Elite, Lee's United, Perfect 10		CSC Sunnyvale, CSC Race Street, Empower, Pacific Flips Santa Maria, Performance, Santa Rosa, Rising Star	

Orange Gym MAG		Orange Gym MAG		Orange Gym WAG		Orange Gym	
Session 5		Session 6		Session 7		Session 8	
Levels	NGA MAG 1N-3N	Levels	NGA MAG 4N-9N	Levels	NGA 8N, DN, 9N, 10N	Levels	NGA WAG L6N, 7N
Open Stretch	8:00 AM	Open Stretch	10:45 AM	Open Stretch	3:00 PM	Open Stretch	6:30 PM
Awards	10:27 AM	Awards	1:49 PM	Awards	6:09 PM	Awards	8:59 PM
ALL CLUBS		ALL CLUBS		ALL CLUBS		ALL CLUBS	

Sunday Feb 1, 2026

Green Gym WAG		Green Gym WAG		Green Gym WAG		Green Gym WAG	
Session 9		Session 10		Session 11		Session 12	
Levels	USAG Bronze	Levels	USAG Bronze	Levels	USAG Silver	Levels	USAG Silver
Open Stretch	8:00 AM	Open Stretch	10:15 AM	Open Stretch	12:15 PM	Open Stretch	2:30 PM
Awards	9:55 AM	Awards	12:02 PM	Awards	2:10 PM	Awards	4:09 PM
Apex, KJ Elite, Titans		Imperial, Santa Cruz, Kinetics, Tumbleweeds, Sonoma, Top Flight		Imperial, Kinetics, KJ Elite, Titans, Tumbleweeds		Apex, Santa Cruz, Sonoma, Top Flight	

Orange Gym WAG		Orange Gym WAG		Orange Gym WAG		Orange Gym WAG	
Session 9		Session 10		Session 11		Session 12	
Levels	NGA Gold	Levels	NGA Gold	Levels	NGA Platinum	Levels	USAG XP, XD, XSA
Open Stretch	8:00 AM	Open Stretch	10:40 AM	Open Stretch	1:30 PM	Open Stretch	5:00 PM
Awards	10:24 AM	Awards	1:12 PM	Awards	4:39 PM	Awards	6:49 PM
CSC Race Street, CSC Sunnyvale, Feather River, Lee's United, Performance, Santa Rosa, Perfect 10, Tumble Time		Bay Aerials, Central Coast, CSC Great Oaks, CSC Morgan Hill, Empower, Pacific Edge, Pacific Flips Grover Beach, Pacific Flips Santa Maria, Rising Star		ALL CLUBS		ALL CLUBS	